



About CCC

Overview

CCC is a Registered Charity offering a range of support services to women in St. Helens and surrounding boroughs. The provision includes a Professional Counselling Service, Confidence & Assertion Courses, Stress Management Courses, Positive Me Programme for depression, Supported Drop-in, Domestic Abuse Support Service and an Outreach Provision.

Origins

CCC originated as the women's section of the Women & Girls Information & Resource Centre under the umbrella of the Youth Service. However, the funding priorities of the Youth Service changed and the support for women was drastically cut. In light of these changes a group of women formed a committee and set up "Women Supporting Women" in 2002 offering a single drop-in on a Wednesday afternoon. Women Supporting Women received its first "Community Chest" funding in 2003. Women Supporting Women went on to adopt a new Constitution on October 13, 2006 and became a Registered Charity in January 2007. The single afternoon drop-in has now grown into a five-day service provision.

In 2012, Women Supporting Women officially changed its name to the Chrysalis Centre for Change. The new name comes from the caterpillar emerging from the chrysalis as a butterfly which reflects the journey of our service users and our growth as an organisation.

The centre offers a safe, non-clinical and non-stigmatised place for women to interact and learn from other women, gain confidence and self-esteem and to find coping mechanisms and opportunities for empowerment for their mental health and lives.

Our Vision

We are dedicated to achieving the highest standards to improve the lives of women through self-empowerment and self-belief. This offers benefits far beyond the individual women, enriching the lives of their families, the local community and ensuring the wellbeing of future generations.

Our Mission

It is our mission to support, empower and inspire women to reach their full potential.

Our Values

All our services are inclusive, participatory and do not discriminate against any persons or group on the grounds of age, sexual orientation, religion, ethnicity or disability. CCC operates under the Positive Discrimination Clause of the Equal Opportunities Act



Funding

As a Charity, CCC has always heavily relied on external funding sources. Currently the Charity receives the majority of our funding from the Big Lottery's Reaching Communities Fund and St. Helens CCG/St Helens Council. In addition, we receive funding from a number of smaller grant-making organisations and trusts. To supplement this funding, CCC holds fundraising events, raffles and sells handmade goods including handcrafted items, poetry books, cards and bookmarks.

Governance

CCC adopted a Constitution on October 13, 2006. CCC currently has 3 Executive Committee members. Quarterly meetings are held unless an issue arises that requires urgent attention. There are several static items on the agenda including Finance and Funding, Service Update and Service User Update. It was agreed by all Trustees that the day to day running of the organisation would be passed to the Manager, however that any policy changes or significant organisational issues must be passed to the Trustees.

Partnerships

CCC currently has a Contract with St. Helens CCG/St. Helens Council. We also provide an outreach drop-in service within Iris Ward at Peasley Cross Hospital, St. Helens, We have strong links with many organisations including GPs, Carers' Centre, St. Helens Together, Jobcentre Plus, and Mental Health Teams.

Geographical Spread

CCC is based in St. Helens however we accept services users from all surrounding boroughs.

Contact details

CCC offices are located in

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